On 3rd February, 1917, I addressed a public meeting at Carnarvon upon the nation's task in the War. In the course of my speech I took advantage of the occasion to add my appeal to that of Lord Devonport for economy in food, I said :—

My speech at Carnarvon

Appeal to

"What is the next appeal ? It is to the housewife. I want her to read what the Food Controller has got in the papers to-day as to what each of us is to have next week to eat—housewives (laughter)—the national menu. It does not matter how insistent either the husband or the children may be ; show them this regulation and say. No more. You have had ai lb. and not another ounce more ! (laughter). He has made a voluntary appeal, and for a very good reason. New organisation means energy and labour, and we need them all. If you had a compulsory system you would need a new organisation, but we want the nation itself to do things. It would be better for the nation. The Government has so much to do that really we want the nation to join the Government. Every housekeeper we want to become a member of the Government, to administer that part of the King's Dominions which is in her immediate sphere. Let them govern it for the King, and carry out the King's regulations. There are eight millions of

householders. Let them have, if you will, eight million governments, so that each helps to win the War. That is the appeal I make for the Food Controller. It all bears on the submarine menace. Saving of food means the saving of tonnage, and saving tonnage is the very life of the nation at the present moment.[55]